



# California Department of Education

## Physical Education (PE)

### 2017–18 Program Instrument

#### IV. Standards, Assessment, and Accountability

##### PE 01: Testing - FITNESSGRAM

Local educational agencies (LEAs) are required to participate in the California Physical Fitness Performance Testing program by administering the California Physical Fitness Test (FITNESSGRAM) to each student in grades five, seven, and nine during the months of February, March, April, or May of each school year. LEAs shall submit these results to the California Department of Education (CDE) at least once every two years and report the results of the physical fitness testing in their annual School Accountability Report Card (SARC). (*California Education Code (EC) sections (§§) 33352[b][4], 33352[b][5], 60800*)

##### Evidence Request Titles

School Accountability Report Card (SARC) (CE 17, HE 11, ITQ 08, PE 01)

##### PE 02: Evaluation - High School

High school students in grades nine through twelve, inclusive, must be evaluated on their progress in each of the following eight required content areas:

- (1) Effects of physical activity upon dynamic health;
- (2) Mechanics of body movement;
- (3) Aquatics;
- (4) Gymnastics and tumbling;
- (5) Individual and dual sports;
- (6) Rhythms and dance;
- (7) Team sports; and
- (8) Combatives (may include self-defense).

Reporting of pupil achievement is based upon all of the following:

- (1) Evaluation of the pupil's individual progress and the measure of his attainment of the goals specified in each area of instruction listed in subsection (a) of this section.
  - (2) Tests designed to determine skill and knowledge.
  - (3) Physical performance tests.
  - (4) Any other evaluation procedures required by local governing board regulations.
- (*California Code of Regulations, Title 5 (5 CCR) section (§) 10060[g]*)

## 2017–18 PE Program Instrument (Continued)

### Evidence Request Titles

Course Outlines (AE 8, CTE 09, PE 02, PE 07, PE 08)

Course Syllabi (PE 02, PE 07, PE 08)

Master Schedule or Faculty Roster/Teacher Assignments (PE 02, PE 03, PE 04, PE 05, PE 06, PE 07, PE 08)

### V. Staffing and Professional Development

#### PE 03: Teaching Credentials

LEAs must provide instruction in physical education to students in grades one through twelve, inclusive, by physical education teachers who hold appropriate teaching credentials issued by the California Commission on Teacher Credentialing (CTC). Instructional aides, paraprofessionals, and volunteers may only assist the teacher. (*EC* §§ 33352[b][9], 45343-45367)

### Evidence Request Titles

CTC Teaching Credentials

Master Schedule or Faculty Roster/Teacher Assignments (PE 02, PE 03, PE 04, PE 05, PE 06, PE 07, PE 08)

### VI. Opportunity and Equal Educational Access

#### PE 04: Coeducational, Inclusive Manner

All physical education classes shall be conducted in the coeducational, inclusive manner prescribed by law. LEAs must provide instruction in physical education that provides equal access and equal opportunities for participation for all students in grades one through twelve, inclusive, regardless of gender or sexual orientation. (*EC* §§ 221.5(f), 33352[b][8]; 5 *CCR* §§ 4930, 4931, 4940; Title IX 106.33, 106.34)

### Evidence Request Titles

Class Rosters

Master Schedule or Faculty Roster/Teacher Assignments (PE 02, PE 03, PE 04, PE 05, PE 06, PE 07, PE 08)

PE Local Governing Board Policy (6142.7) (PE 04, PE 09)

## 2017–18 PE Program Instrument (Continued)

### VII. Teaching and Learning

#### PE 05: Instruction - Elementary School

Elementary school students in grades one through six, inclusive, shall receive instruction in physical education for a minimum of 200 minutes each 10 school days, exclusive of recesses and the lunch period. (EC §§ 33352[b][1], 51210[a][7], 51210.1[a][1][A])

##### Evidence Request Titles

Master Schedule or Faculty Roster/Teacher Assignments (PE 02, PE 03, PE 04, PE 05, PE 06, PE 07, PE 08)

PE Instructional Minutes Report

#### PE 06: Instruction - Middle and High School

Middle school and high school students in grades seven through twelve, inclusive, shall receive instruction in physical education for a minimum of 400 minutes each 10 school days. Students in grades seven and eight who attend a K–8 elementary school shall receive instruction in physical education for at least 200 minutes each 10 school days, exclusive of recesses and the lunch period. (EC §§ 33352[b][2], 33352[b][3], 51222[a], 51223[a])

##### Evidence Request Titles

Bell Schedule

Master Schedule or Faculty Roster/Teacher Assignments (PE 02, PE 03, PE 04, PE 05, PE 06, PE 07, PE 08)

#### PE 07: Teaching - High School

LEAs that maintain a high school shall provide a course of study in physical education to students in any of grades nine through twelve, inclusive, with a developmentally appropriate sequence of instruction in each of the following eight required content areas:

- (1) Effects of physical activity upon dynamic health;
- (2) Mechanics of body movement;
- (3) Aquatics;
- (4) Gymnastics and tumbling;
- (5) Individual and dual sports;
- (6) Rhythms and dance;
- (7) Team sports; and

## 2017–18 PE Program Instrument (Continued)

(8) Combatives (may include self-defense). (*EC* §§ 33352[b][7], 51014, 51220[d]; 5 *CCR* § 10060[a])

### Evidence Request Titles

Course Outlines (AE 8, CTE 09, PE 02, PE 07, PE 08)

Course Syllabi (PE 02, PE 07, PE 08)

Master Schedule or Faculty Roster/Teacher Assignments (PE 02, PE 03, PE 04, PE 05, PE 06, PE 07, PE 08)

### PE 08: Exempted Students I

LEAs that maintain a high school and elect to exempt students from required attendance in physical education for two years any time during grades ten through twelve, inclusive, must offer those exempted students a variety of elective physical education courses, each with a minimum of 400 minutes of instruction in physical education each 10 school days, taught by an appropriately credentialed teacher. (*EC* §§ 33352[b][6], 51222[b], 51241[b][2])

### Evidence Request Titles

Course Outlines (AE 8, CTE 09, PE 02, PE 07, PE 08)

Course Syllabi (PE 02, PE 07, PE 08)

Master Schedule or Faculty Roster/Teacher Assignments (PE 02, PE 03, PE 04, PE 05, PE 06, PE 07, PE 08)

### PE 09: Exempted Students II

LEAs may grant three distinct and separate types of exemptions from courses in physical education for high school students:

Temporary:

The governing board of a school district or the office of the county superintendent of schools of a county may grant a temporary exemption to a pupil from courses in physical education, if the pupil is one of the following:

- Ill or injured and a modified program to meet the needs of the pupil cannot be provided.
- Enrolled for one-half, or less, of the work normally required of full-time pupils. (*EC* § 51241[a][1][2])

Two-year:

The governing board of a school district or the office of the county superintendent of schools of a county, with the consent of a pupil, may grant a pupil an exemption from courses in physical

## 2017–18 PE Program Instrument (Continued)

education for two years anytime during grades ten through twelve, inclusive, if the pupil has met satisfactorily at least five of the six standards of the physical performance test administered in grade nine pursuant to *EC* Section 60800. (*EC* § 51241[b][1])

Permanent:

The governing board of a school district or the office of the county superintendent of a county may grant permanent exemption from courses in physical education if the pupil complies with any one of the following:

- Is 16 years of age or older and has been enrolled in grade ten for one academic year or longer.
- Is enrolled as a postgraduate pupil.
- Is enrolled in a juvenile home, ranch, camp, or forestry camp school where pupils are scheduled for recreation and exercise pursuant to the requirements of Article 24 (commencing with Section 880) of Chapter 2 of Part 1 of Division 2 of the Welfare and Institutions Code. (*EC* § 51241 [c][1][2][3])

### Evidence Request Titles

Documents for Student Consent Required for Two-year Exemption

Description of Processes Used to Grant Exemptions

PE Local Governing Board Policy (6142.7) (PE 04, PE 09)

## 2017–18 PE Program Instrument (Continued)

### 2017–18 PE Evidence Requests

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#### Bell Schedule

BISchdl

**Description:** Current bell schedule that identifies when all PE classes are conducted for each secondary school listed on the review schedule.

**Item Instructions:**

**Related Items:** PE 06

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#### Class Rosters

ClsRstrs

**Description:** Current class rosters for all classes of teachers that provide evidence that all PE classes are conducted in the coeducational, inclusive manner prescribed by law for each school listed on the review schedule.

**Item Instructions:**

**Related Items:** PE 04

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#### Course Outlines

CrsOtlns

**Description:** Link documents from the current and prior year.

**Item Instructions:** PE 02: Course outlines for PE Course 1, 2, etc. that provide evidence of evaluation strategies in the eight required content areas for each high school listed on the review schedule.

PE 07: Course outlines for PE Course 1, 2, etc. that provide evidence of a developmentally appropriate sequence of instruction in the eight required content areas for each high school listed on the review schedule.

PE 08: Course outlines for all elective PE courses offered that provide evidence that a variety of elective PE classes are offered to students for each high school listed on the review schedule.

**Related Items:** AE 8, CTE 09, PE 02, PE 07, PE 08

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## 2017–18 PE Program Instrument (Continued)

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### Course Syllabi

CrsSlb

**Description:** Course syllabi for the current year.

**Item Instructions:** PE 02: Course syllabi that provide evidence of evaluation strategies in the eight required content areas for each high school listed on the review schedule.

PE 07: Course syllabi that provide evidence of a developmentally appropriate sequence of instruction in the eight required content areas for each high school listed on the review schedule.

PE 08: Course syllabi for all elective PE courses on the master schedule that provide evidence that a variety of elective PE classes are offered for each high school listed on the review schedule.

**Related Items:** PE 02, PE 07, PE 08

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### CTC Teaching Credentials

CTCTchnGCrDntls

**Description:** Teaching credentials for all teachers teaching their own PE that provide evidence that all teachers are appropriately credentialed for each school listed on the review schedule.

**Item Instructions:**

**Related Items:** PE 03

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### Description of Processes Used to Grant Exemptions

DscrptnPrCsGrntExmptns

**Description:** Documentation that provides evidence of how PE exemptions are implemented, recorded, and monitored, on a per pupil basis, and demonstrates that students meet the minimum requirements for each high school listed on the review schedule.

**Item Instructions:**

**Related Items:** PE 09

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## 2017–18 PE Program Instrument (Continued)

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### Documents for Student Consent Required for Two-Year Exemption

DcmntsStdntCnsnt

**Description:** Student consent form, or other documentation, that provides evidence that students qualify for and consent to the Two-year Exemption for each high school listed on the review schedule.

**Item Instructions:**

**Related Items:** PE 09

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### Master Schedule or Faculty Roster/Teacher Assignments

MstrScdlFcltyRstrTchrAsgnmnts

**Description:** Current master schedule (secondary) or faculty roster (elementary) that provides evidence of when all PE classes are offered for each school listed on the review schedule.

**Item Instructions:**

**Related Items:** PE 02, PE 03, PE 04, PE 05, PE 06, PE 07, PE 08

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### PE Instructional Minutes Report

PEInstrctnlMntsRprt

**Description:** Current PE instructional minutes report for all teachers that provides evidence that students receive a minimum of 200 minutes of PE each 10 school days for each elementary school listed on the review schedule.

**Item Instructions:**

**Related Items:** PE 05

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## 2017–18 PE Program Instrument (Continued)

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### PE Local Governing Board Policy (6142.7)

PELclGvrngBrdPlcy

**Description:** Link documents from the current year.

**Item Instructions:** PE 04: Link the local governing board policy (BP 6142.7) that provides evidence that all PE classes are conducted in the coeducational, inclusive manner prescribed by law.

PE 09: Link the local governing board policy (BP 6142.7) that provides evidence of the PE exemptions offered by the LEA.

**Related Items:** PE 04, PE 09

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### School Accountability Report Card (SARC)

SARC

**Description:** The most recent SARC or current Uniform Resource Locator (URL)(s) to the LEA's Web page(s) where each school's SARC may be viewed.

**Item Instructions:** PE 01: Most recent SARC that provides evidence of the most recent FITNESSGRAM results for students in grades five, seven, and/or nine for each school listed on the review schedule. SARC must be uploaded, a link is not acceptable as evidence for PE.

**Related Items:** CE 17, HE 11, ITQ 08, PE 01

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